



Newsletter 5

June 2007



Our star consultants



Consultants who recruited at least one patient during March, April and May 2007:

Recruiting Consultant:	No. Pts March-May inclusive:	Recruiting Consultant:	No. Pts March-May inclusive:
Dr Nandita Divekar	4	Dr Peter Hall	1
Dr Chris Day	3	Dr N Harper	1
Dr Rajani Annamanemi	2	Dr Innes	1
Dr Jim Down	2	Dr Andrew Kilner	1
Dr Michael Jennings	2	Dr Eva-Maria Lang	1
Dr Peter Macnaughton	2	Dr T Lucas	1
Dr Shea Oyesola	2	Dr Robin Macmillan	1
Dr Jagtar Pooni	2	Dr Michael Margarson	1
Dr Judith Wright	2	Dr Julian Milo	1
Dr M Wright	2	Dr Nee	1
Dr Duncan Wyncoll	2	Dr Peter Nightingale	1
Dr A Badacsonyi	1	Dr Jonathan Paddle	1
Dr P Bothma	1	Dr Mark Patten	1
Dr Bradley Browne	1	Dr D Pogson	1
Dr Gordon Craig	1	Prof Mervyn Singer	1
Dr David Crossley	1	Dr Richard Thomas	1
Dr Andy Daykin	1	Dr D Tupper-Carey	1
Dr Sanjay Deshpande	1	Dr G Watson	1
Dr Bernard Foex	1	Dr Chris Watters	1
Dr Jon Greiff	1	Dr N White	1
Dr Anil Gupta	1		



Thank you!



Individuals who aided patient recruitment March to May 2007:

Name:	No. times aided recruitment March-May inclusive:	Name:	No. times aided recruitment March-May inclusive:
Carole Boulanger	2	Kamavarap	1
Dr Evans	2	Katie Lei	1
Stephen Ward	2	Dr Mazalkov	1
Dr Burrows	1	Dr McClements	1
Dr Clevenger	1	Karen Millward	1
Dr Davies	1	Catherine Plowright	1
Nicola Donlin	1	Dr Ratnam	1
Dr Douerty	1	Sanders	1
Owen Evans	1	Tony Sherry	1
Dr Gopinath	1	Catalina Stendall	1
Dr S Hutchins	1	S Ward	1
Dr Kalathil	1	Ian Whitehead	1





REMEMBER!

-  **T**hink TracMan on every ward round
-  **R**aise the question at the bedside
-  **A**sk yourself how else the profile of TracMan can be raised locally
-  **C**heck the patient entry criteria on the Recruitment Pack envelope
-  **H**elp us to help you.....book a nurse visit
-  **Y**ou can make a difference!

Patients suitable for TracMan:

Remember! A patient can be considered for TracMan if you can answer 'yes' to the following questions:

- ➔ On ICU less than 4 days (96 hrs)?
- ➔ Currently intubated with an endotracheal tube?
- ➔ High chance they will require 7 days or more of ventilatory support?

See a 'Patient Recruitment Pack' in your TracMan Box for further details or contact the trial office on Tel: 01865 857652, email: tracman@nda.ox.ac.uk

A date for your diary

Friday 30th November 2007 - Collaborators Meeting!

We are holding our annual meeting in London again this year. It is an opportunity to meet other colleagues in TracMan and share your experiences. The Principal Investigator and Lead Nurse from each ICU will be automatically invited and have their travel expenses reimbursed. If others in your unit would like to attend please do let us know, I'm sure we can fit you in! As those of you who have attended these meeting will know, there will be a superb lunch provided, and it has been known for several bottles of champagne to feature as gifts in the afternoon! We would love to see you all there but places are allocated on first come first serve basis so book your study leave now and ask us to hold a place for you!

Meeting feedback:

TracMan at the Intensive Care Society Meeting, Bournemouth May 2007

As usual the TracMan team were pleased to to attend the ICS Spring meeting, arriving on the Wednesday so we could set up the stand. We thought we were being clever by booking into the hotel across the road, but were not prepared for the half mile hike from the front door of the conference centre to the Exhibitors Hall! Who needed to join the 5km run on the Thursday morning? We had our workout pulling the trolley with our TracMan equipment through the miles of corridors!

Did you win some wine?

After helping out at the registration desks we spent the days talking to collaborators, promoting the trial and occasionally waving a microphone under delegates noses during the presentations question time. It was lovely to see some familiar faces and thank you if you dropped by to see us. Well done to **Caroline Caukill from Portsmouth and Mike Carraretto from the Royal Surrey** who entered our collaborators raffle and won a bottle of wine each. Your TracMan nurse will bring your prize to you when she visits to make the consent paperwork changeover.



Changes apply to

***** English and Welsh ICUs only ***** English and Welsh ICUs only *****

Mental Capacity Act (2005) and the TracMan Trial

The above new Act is due to come into force in October 2007 and is applicable in England and Wales. It provides a legal framework for decision making and practical safeguards for those individuals who are unable to make decisions for themselves. Patients in your ICU who are deemed to be incapacitated will fall under this legislation. For the TracMan trial this means we have altered our consent processes slightly (approved by Main Research Ethics Committee), to meet the needs of this Act.



1. CONSENT DOCUMENTATION CHANGES

Your TracMan Research Nurse will book a date to visit you with new, updated, TracMan documentation. To comply with ethics we are required to remove the old, unused, documentation (you will still keep all the completed paperwork on your patients). You will not notice any difference in practice only that:

- 'no objection' on consent forms has been replaced with 'consent'
- 'relative' has been replaced with 'Legal Representative'*
- Blue colour Patient Data Booklets will be replaced with grey ones

**A "legal representative" is somebody who by virtue of their relationship with the patient is suitable to act as their legal representative (next of kin, a relative, partner etc).*

2. CONSENT PROCESS CHANGES

Once your TracMan nurse visits and you have the new documentation you will no longer be able to accept VERBAL consent, only WRITTEN consent will be accepted.

IMPORTANT! The consent changes do not take effect until the TracMan Research Nurse has visited you with the new documentation. Until then continue with existing consent paperwork.



**No more
Verbal Consent!**



Changes apply to

***** English and Welsh ICUs only ***** English and Welsh ICUs only *****

ICUs in focus: University Hospital Lewisham

We are delighted to hear from Gifty Agagah based in University Hospital Lewisham. Gifty suggested the trial adapt her 'information leaflet for relatives' to use across all sites in TracMan. Her idea was taken forward and a version (agreed by the trial Steering Committee), was recently approved by the Main Research Ethics Committee. This new leaflet will be arriving in collaborating sites any day now, many thanks Gifty!



University Hospital Lewisham has seen the opening of its new riverside wing in November/December 2006. This was officially opened on 21st May 2007 by Bishop Desmond Tutu and overlooks the Ravensbourne River and Park. The building has been described by the BMJ (2006) as '... a shining example of environmentally friendly...' and it's the first in the country with solar panels.

The ITU is on the critical care floor (3rd floor) of this 7 storey. ITU and HDU have since amalgamated into 17 single bed bays plus 4 negative pressure side rooms. The ITU has a very enthusiastic and dynamic staff of 50 nurses plus 4 consultants (6 from 1st Aug). Dr Marthin Mostert is the Lead Consultant for the TracMan trial.



Dep. Sr. Gifty Agagah is the TracMan link nurse for the ITU and has been working on the unit since 2000.

We are a general ITU with 450 admissions per year and 95% occupancy (60% medical and 40% surgical). Prior to TracMan, the unit had a policy of performing tracheostomy after 7 days. 18 patients have since been randomised to date and >40% of all tracheostomies on the unit are randomised to the TracMan trial.

The trial is mainly flagged-up by the nursing staff. I promote interest by doing teaching sessions on non-clinical days, ad-hoc quizzes at bedside when unit is not busy and rewards are given. The staff love the sweets, pens, lip-balm, mouth fresheners and above all, the ID lanyards.

I am constantly seeking ways to flag-up potential patients and also a reminder for the 96 hours count down. Currently, I use doctor's column for 'Daily Plans' by writing in red blocks.

Gifty Agagah

Trial Office staff Change

A personal note from Lesley (TracMan Trial Manager):

Dear All

Just to let you know that I am moving across the corridor in the ICS Trial's Group to set up the OSCAR trial in mid-June. Therefore day-to-day co-ordination of all your hard work for TracMan will be carried out by my colleague Vicki Barber (who many of you know already). Keep up the good work, it's been a delight!

With all good wishes,

Lesley.