



## NEWSLETTER 7 – MARCH 2008

### TRIAL UPDATE

**43 PATIENTS WERE RECRUITED TO THE TRIAL IN JANUARY AND FEBRUARY!**

**729** patients have been recruited to the TracMan trial at the time of going to press!

TracMan is the **largest** tracheostomy timing trial in the world! (...but we need to get even bigger and are aiming for **1000 patients!**) **Recruitment to the trial will finish in just under 10 months on 31<sup>st</sup> December 2008.**

**January and February's recruitment figures are (in order of number of patients recruited):**

University College Hospital, London	4
St Thomas' Hospital, London	3
Royal Hampshire County Hospital	3
Yeovil District Hospital	2
Whiston Hospital	2
Rochdale Infirmary	2
James Paget Hospital	2
Princess Alexandra Hospital, Essex	2
Freeman Hospital, Newcastle	2
Newham University Hospital, London	2
Derriford Hospital, Plymouth	1
Royal Cornwall Hospital	1
Medway Maritime Hospital	1
Taunton & Somerset Hospital	1
Southampton General Hospital	1
Queen Alexandra Hospital, Portsmouth	1
Bedford Hospital	1
Kings College Hospital, London (Liver ICU)	1
Edinburgh Royal Infirmary	1
Eastbourne District General Hospital	1
University Hospital, Lewisham	1
Barnsley District General Hospital	1
Luton & Dunstable Hospital	1
City General, Stoke on Trent	1
Russells Hall Hospital, Dudley	1
Stafford General Hospital	1
Scunthorpe Hospital	1
Harrogate District General Hospital	1
Royal Preston Hospital	1



TRACMAN recruited its **700<sup>th</sup>** patient on 23/01/08 at University Hospital Lewisham. The patient was recruited and randomised by **Dr Kalpana Reddy.**

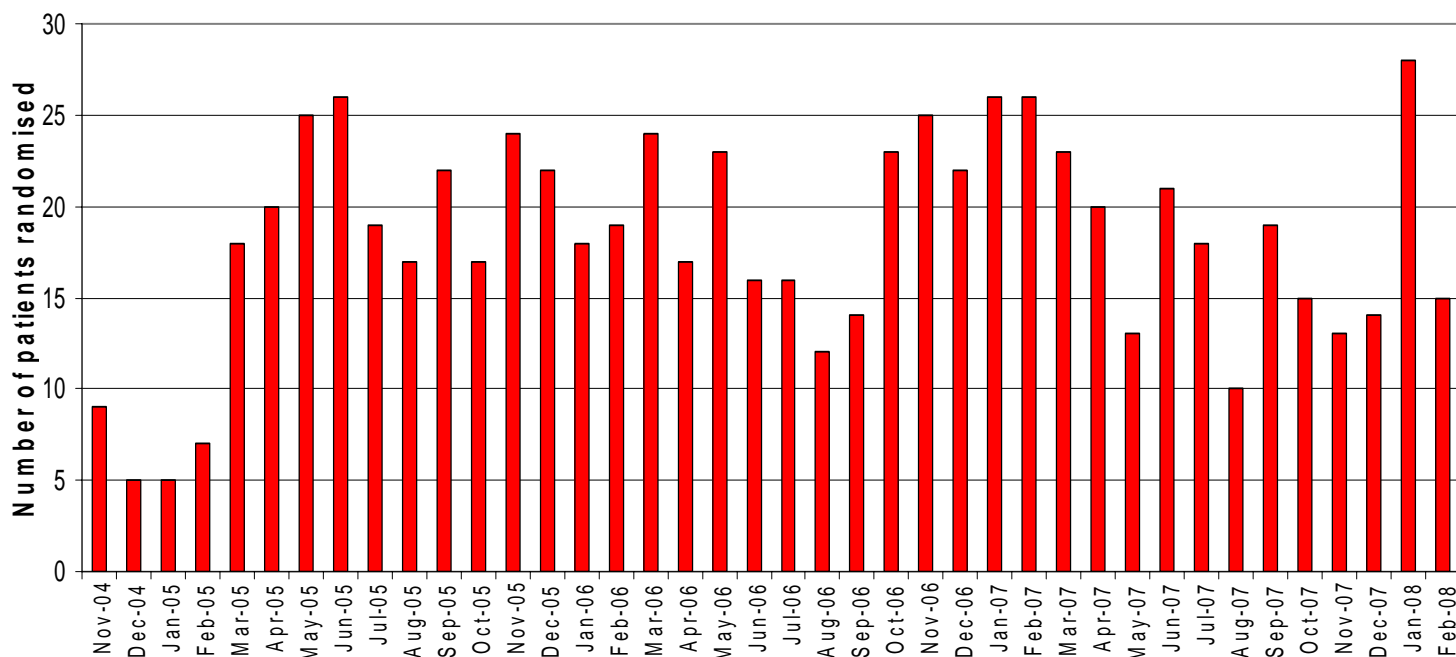


Thank you to everyone collaborating in the Trial for all the patients recruited so far. Remember recruitment is **still ongoing** and finishes this year on the 31<sup>st</sup> December.

The ICS Trials Group



**The Annual Collaborators Meeting** was held in London on Monday 3<sup>rd</sup> March. Thank you to all those collaborators who attended. Duncan Young gave an update to collaborators on recruitment to date including the monthly recruitment since the start of the trial (this is included below). Claudia Russell gave an insight into the role of a Tracheostomy Nurse Consultant, Dr Richard Beale gave a review of ventilation best practices and Dr John Griffiths gave an overview of the importance of ICU follow-up.



### UNIT VISITS


Joanne and Linda – members of the Trial team, are more than happy to visit units to talk about the trial, its background, which forms to fill in, to any size of audience.

They are also happy to visit and give small group teaching sessions in helping identify patients that should be entered into the trial.

If you would like Jo or Linda to visit your unit, please contact the Trial office.

### POSTERS

Each month the Trial Office will be sending out new posters to be displayed in unit staff rooms and on staff notice boards to highlight the trial as we push towards our finish and 1000 patients. Please look out for these.

RECRUITMENT ENDS  
31<sup>st</sup> DEC 2008

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31<sup>st</sup> DEC 2008

DAY 1

DAY 2

DAY 3

TracMan

DAY 5

DAY 6

DAY 7

DAY 8

DAY 9

TracMan

**WHEN SHOULD A PATIENT RECEIVE A TRACHEOSTOMY?**  
 The TracMan trial is the world's largest tracheostomy timing trial being conducted in the UK. It aims to determine whether placing a tracheostomy on days 1 - 4 of ICU admission reduces mortality (30 days after randomisation) compared to a tracheostomy placed on or after day 10.  
 Please consider patients with respiratory failure and likely to require mechanical ventilation for 7 or more days for entry into the Trial.  
 Trial office: 01865 857652 Trial mobile: 07900 580999 (24 hours)

If you require more posters, the Trial protocol, or if you have a query about a potential patient, please contact the Trial office.

### USEFUL TRIAL CONTACT DETAILS:

Trial Office (Vicki Barber, Chris Bouse and Deirdre Newman): 01865 857652 or 01865 857626

Linda Bower (Research Sister): 07766 991 550

Joanne Quinton (Multi-Sites Trial Co-ordinator): 07917 052 760

**Trial Mobile (24 hours 7 days a week): 07900 580999**

Randomisation Service: 01865 765615

Email: [TracMan@nda.ox.ac.uk](mailto:TracMan@nda.ox.ac.uk)

